

TTT – July 2016

#1 Know God By Name 7/1, 7/26

Did you know we draw close to God by studying His names? I can't wait for you to experience God showing you more of His power and presence. Years ago, I was a stressed out young pastor's wife, worked a job outside of our home, mother of a preschooler and kindergartener, exhausted from the demands of my family and ministry, I was desperate in need of support and friends. God connected me with a Moms In Touch group (now known as Moms in Prayer International www.momsinprayer.org). This phenomenal group of women loves to pray and taught me how to worship God by praying His names. This practice has not only deepened my prayer life, it has increased my faith. I've become more acquainted with God's character and now so thankful to be actively seeking an ever-expanding trust in an Almighty God.

There are many ways to draw close to God as we study His word. Spiritually, something exciting and personal happens when we study God's names, we find out about His unique character qualities and experience His Holy Spirit presence. It takes time to examine these special names of God, one by one; it's like looking at a postcard of the Grand Canyon. The solo shots each show a segment of a breathtaking view. When we absorb truths about God one at a time, we can better understand the reality and certainty of His character and the capability of His presence in our daily lives.

When we study the names of God, we:

- **Experience God's power in fresh ways**
- **Increase our desire for intimacy with God**
- **Apply our experience with God to other areas of life – parenting, marriage, marketplace and personal communication**

#2 Names of God Reveal His Character 7/2, 7/27

Did you know, the names of God each reveal something about His character? Are you aware that understanding God's titles reveals His purposes and His commitment to us and gives practical handles for life applications? There are many ways to draw close to God as we study His word. Spiritually, something exciting and personal happens when we study God's names, we find out about His unique character qualities and experience His Holy Spirit presence.

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Exodus 20:24 says, "Wherever I cause My name to be honored, I will come to you and bless you." God wants us to understand Him as we study His character through His names. Take a minute to underline Exodus 20:24 in your Bible, and let's pray:

"Heavenly Father, I honor your name, I bless your name, I praise your name. I pray for your wisdom, discipline and

insight as I embark on the journey of knowing you by Your names. Lord, I want to experience you more. Thank you for your willingness in allowing me to find you. In Jesus' Name, Amen."

#3 Father 7/3, 7/28

Be careful, sweetie," my dad's strong voice cautioned me to avoid the object in the road. He'd just removed the training wheels on my Schwinn; so even though I was seated securely on the banana seat, both hands on the handlebars, the front tire still wobbled a little. I focused intently on the path ahead, "Yes, Father," I said. I veered to the left just a little and swerved to avoid the obstacle. "Father" is one of the most familiar names for God.

"Father" is God's distinguishing title of the New Testament. In Matthew 6, we find Jesus teaching the disciples how to pray. Jesus opens the Lord's Prayer with, "Our Father in heaven," giving honor and worth to his Father God. "Our Father in Heaven" gives us the image of God in His majestic and holy place, reminding us He is personal, loving and involved with our lives.

Most likely, your hurts and hang-ups toward your own earthly father have clouded your view of the Heavenly Father. If you have experienced a dysfunctional family, emotional or physical abuse, you too probably view your God through this grid. Yet this view of God is not accurate and can cloud our trust of His love. As you understand Biblical truth about God and His character, you will begin to believe that God's character is reliable, unchanging and faithful.

“He that did not spare His own Son may be trusted to do the best for us. Not as the world sees “best” but as He knows is best.” Rom. 8:28

Let’s pray: “Thank you Father, for allowing me to call you such an endearing name. I praise, worship and call on you “Father.” In Jesus’ Name, Amen

#4 Old Testament View of Father 7/4. 7/29

The Old Testament Jews did not think of God as an intimate Father. In fact, they had no concept of the Fatherhood of God. When Jesus talked about His intimate oneness with God the Father, it was startling and even revolutionary. The Old Testament Jews observed the Lord God Almighty, the One who dwelt between the cherubim. Psalm 80:1. He was a whirlwind of fire, a fearful God, punishing the sinner. This God was to be feared because he represented judgment. He killed Uzziah when he reached out and touched the Ark, punished Moses for disobedience; Moses never entered the Promised Land, allowed Hebrews 12:29 says “Our God is a consuming fire.” Scary, huh? Far from Father-like.

The Father-heart of God is revealed in Luke 15. The story is about a man who had two sons. The Prodigal Son took one-third of the family inheritance, insulted his upbringing, his father and his family name by his request, yet the father gave him what he asked. The young prodigal squandered his wealth on partying, in Luke 15:7, experienced a dramatic reality check, he said to himself, “At home, even the hired men have food enough to spare and here I am, dying of hunger.”

Left with no other alternatives, the prodigal son returns home, filthy, broke and ashamed, to confess to his father what he had done. His father was waiting for him and restored him to his place as heir. Romans 8:15-16 says, “But you have received a spirit of adoption as sons by which we call out Abba Father.”

Let’s pray: “Thank you Father, for allowing me to call you such an endearing name. I praise, worship and call on you “Father.” In Jesus’ Name, Amen

#5 Elohim 7/5, 7/30

I couldn’t stop staring. I was captivated by the perfection of my infant daughter’s features, fingers and even her dainty little toes. I lifted my praise to Creator God, “I worship you, God for allowing me to be a mother to this precious life.” I remembered another time I couldn’t stop staring, it happened years before, as a bible school student, in our theology class. I’d been given an assignment to worship God, outdoors, after dark, to contemplate the power of God as it is revealed in the magnitude of the heavens. The professor’s instruction for our stargazing assignment was to lay flat on our backs, look up into the sky and meditate on Psalm 139 while focusing on God’s greatness. Have you ever marveled over the vastness of the heavens? This kind of practice helps us remain in awe and amazement of the power of our Creator.

The same great Elohim made us to specifically and individually fulfill His purposes.

Elohim is the name of God that means “all-powerful Creator.” Used over 2,500 times in the Old Testament, Elohim reveals Himself to us in numerous ways. Elohim created everything out of nothing, the Latin term is “Ex Nihilo, evidencing His

creative power and might in creating the whole universe in six days. Each day Elohim gives us evidence to remind us of His presence and endless inventiveness.

The miracle of new life reminds us of the supremacy of our Elohim. As we contemplate the preciousness of birth, we are brought to a more acute awareness of our Creator. It's not surprising that the Psalmist writes, "I praise you because I am (we are) fearfully and wonderfully made; your works are wonderful, I know that full well," (Psalm 139:14.)

#6 I Call Him Elohim 7/6, 7/31

Consider the ways Elohim, Creator God is asking you to trust Him in the circumstances of your life. He has planned each of your days and ordered all of your ways. Psalm 139:16 says, "All the days ordained for me were written in your book before one of them came to be."

Commit to allowing the Creator to use your situations to make you more like Jesus. The miracle of new life reminds us of the supremacy of our Elohim Submit yourself to Elohim who created you. God's eyes are on us all the time, a reason to invest time in the practice of worship: to gaze and direct our praise to the Creator.

Nathan Stone in his book, The Names of God says, "It is most appropriate that by this name (Elohim) God should reveal Himself-bringing cosmos out of chaos, light out of darkness, habitation out of desolation, and life in His image." The same great Elohim made us to specifically and individually fulfill His purposes. Elohim is the name of God that means "all-powerful Creator." Used over 2,500 times in the Old Testament, Elohim reveals

Himself to us in numerous ways. Elohim created everything out of nothing, the Latin term is “Ex Nihilo.”

Dear Elohim, I praise you for being my Creator. I worship Your power and might. Thank you for making us just the way you planned. Thank you the good gifts you have given me. Thank you for the ways you have been faithful to me. I commit the circumstances of this day to Your powerful presence. May your will be done in all I do and say today. Help me direct my gaze and my praise to you alone. In Jesus’ Name, Amen.

#7 El Elyon 7/7

Sometimes our problems seem bigger than God. When God is worshipped, praised and elevated to His rightful place in our lives, these ‘giants’ are put into perspective. The name of God – “El-Elyon – the Most High God reminds us of who God is and what He has done. As long as we traverse the earth, we will fight battles and face problems, like enemy ogres that attack, these invade our thoughts, interrupt harmony in our relationships and intrude on our peace. No matter what we’re up against, God is bigger than any giant we might fear. El-Elyon is the name of God that means the Most High God. It is used about 40 times in the Old Testament. El-Elyon was responsible for Abram’s victory over his enemies. God delivered the enemy armies into Abram’s hand.

El-Elyon means “supreme God” or “most loved God.” In Genesis 14, Abraham was up against insurmountable odds – three hundred and eighteen household servants fighting the most powerful armies of Melchizedek. When our giants seem bigger than God, God can’t be overshadowed. With God on our side, we have the victory

Let El-Elyon bring to mind the verses like, “I cry out to God Most High, who will fulfill His purpose for me,” Psalm 57:2. “He will keep thee in perfect peace when he keeps his mind stayed on me,”(Isaiah 26:3.) Ask God for the strength to keep your mind on Him – when your mind wanders, intentionally refocus it back to God and His presence. This is difficult when you are tired and you feel you don’t have the physical or mental resources on your own. But El-Elyon, the Most High God is big enough to shield us from everything that wants to run us down, including ourselves.

#8 I Call Him El Elyon 7/8

It was the last week of the month. Now self-employed, my husband Paul had been without work for about four months. Bill collectors had been calling all week. After paying our rent, somehow I’d managed to pay the minimum amount on our water service and credit cards. We’d been unable to pay our gas and electric bill for two months, now it was so high, I couldn’t wrap my mind around how we would pay it. I wondered when our power would be shut off. And there was less than thirty dollars left in our checking account. How would we feed our family?

Sometimes our problems seem bigger than God. When God is worshipped, praised, and elevated to His rightful place in our lives, these ‘giants’ are put into perspective. “I cry out to God Most High, to God, who fulfills His purpose for me” (Psalm 57:2 ESV)..

EI-Elyon the God Most High, is the Only One who can deliver us from our enemies. He will invade our enemies, take captive our thoughts and win our battles.

Let's let EI-Elyon have his rightful place in our lives as the Most High God. As we elevate Him the shadow of the Most High will cover our giants with His presence, minimizing them to a manageable capacity. "He will keep thee in perfect peace when he keeps his mind stayed on me,"(Isaiah 26:3.)

Dear EI-Elyon, I recognize you as the Most High God. You are the only One who can deliver me from my enemies. Thank you for the truth in Psalm 46:10a, "Be still and know that I am God." Help me to be still and let you fight my battles. In Jesus' Name, Amen

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#9 EI Olam 7/9

"To infinity and beyond," proclaimed Toy Story hero Buzz Lightyear as he blasted off from his battery-powered plastic pedestal, only to end his maiden voyage by crashing into the ceiling. Buzz' boastful wish was to travel faster than light speed to conquer worlds unlimited by time or space. Yet, his efforts were stopped by an impenetrable force.

In real life, the concept of 'infinity and beyond' challenges human understanding, yet is a welcome exercise to our spiritual imagination. The infinity symbol (Wikipedia) is sometimes called the lemniscate; is a mathematical symbol representing the concept of infinity. It has no beginning or end. This same symbol is also used to illustrate the eternal concept of God, as an eternal being, since He has no beginning or end. The lemniscate symbol is inadequate because it begins and ends upon itself. Like Buzz Lightyear's

failed attempt to soar into the outer limits, our attempt to wrap our minds around God's eternal nature might be blocked by hitting the ceiling of our intellectual understanding. A better illustration might be a line that has no beginning or end. God's eternal nature is limitless, humanly unfathomable and has no glass ceiling.

Ei-Olam is the name of God that means the Eternal God. The concept of limitless eternity stretches our finite minds. It's generous of God to give us glimpses of Himself to help us understand His eternal character. "He is the one who keeps every promise forever," Psalm 146:6

He loves us with an everlasting love (Psalm 103:17, offers us eternal life (John 3:16) provides never-ending comfort and hope (2 Thess. 2:16) and supplies endless promises that He always keeps. (Psalm 146:6)

#10 I Call Him Ei Olam 7/10

Each day makes a difference for eternity. Has anyone ever failed to follow through for you? Life is full of people who break promises, cause disappointment and bring on frustration. God will never break a promise. Ei-Olam keeps every promise He has ever made to us. Our part is to know exactly what those promises are.

Ei-Olam was in the beginning and will exist until time comes to an end. Abraham respected the truth of God's eternity by planting a tree as an act of worship. In Genesis 21:33, "Abraham planted a tamarisk tree at Beersheba, and he worshiped the Lord, the Eternal God, at that place." It's comforting to know the Eternal One, Ei-Olam. The saying, "Only one life will soon be past, but only what is done for Christ will last." As we focus on His eternal plans while we live our lives on earth, we know that our toil is not in vain. Someday, we will be with Him. Time as we know it will cease.

We will understand the meaning of ‘infinity and beyond,’ and what was previously our understanding by faith, will be reality. We will dwell with Him, not just for a year, ten or twenty but forever. We will live with El-Olam, the Eternal One, for eternity, infinity and beyond.

Dear El-Olam, thank you for this aspect of your personality as our Eternal God. This fact of your existence gives perspective not just to my life but also to my problems. I praise You for keeping your promises, honoring your commitments and sustaining me through the changes and challenges of life. Help me keep this eternal sense of awareness today. In Jesus’ Name, Amen.

#11 El Roi 7/11

“Run away, escape, flee” were the only solutions desperate Hagar could devise. Sarai chose Hagar to bear Abraham’s child. Hagar was merely following orders. Now pregnant; her angry, jealous mistress abused her. Hagar’s challenges had been brought on by other people’s choices. Despised, mistreated and abandoned, Hagar decided to run away.

“They will never find me,” Hagar thought as she escaped into the desert. Blindly heading for unknown territory and anonymity, she left the security of food and shelter. Instead of facing her circumstances, she chose to run, yet unable to get away from herself. Lost in the desert, Hagar was wrenched with hunger, agonizing over the baby and was terrified of the wilderness. Physically exhausted and emotionally spent, she collapsed by a spring in the desert. It was there the angel of the Lord found Hagar. She couldn’t escape God.

“Hagar, servant of Sarai, where have you come from, and where are you going?” boomed the voice of the angel of the Lord in Genesis 16:8.

“I am running away from my mistress Sarai,” Hagar cried, covering her eyes from the angel’s radiance. The angel told Hagar to go back and face Sarai and submit to her. Listening intently, with awe and wonder, the angel gave Hagar a blessing and a promise about the future of her unborn child. “I will so increase your descendants, You are now with child and you will have a son. You shall name him Ishmael, for the Lord has heard of your misery,” Genesis 16:11.

“I have seen the One Who Sees Me!” Hagar proclaimed. Let’s pray, “Heavenly Father, thank you El Roi – the God who sees – I cannot run away from you. And you will never let me go.”

#12 I Call Him El Roi 7/12

Hagar experienced God. She called the Lord “El Roi – the One Who Sees Me” and named the place of the God-sighting Beer Lahai Roi. God had seen Hagar’s pain and heard her cries. “El Roi” is the name of God; which means “The God Who Sees.” “El Roi” saw barren Sarai convince Abram to have a child with Hagar, her Egyptian servant. “El Roi” saw the abuses Hagar experienced at the hands of a jealous Sarai. “El Roi” saw Hagar flee into the desert doomed to die. “El Roi” revealed Himself, prophesying the nation to come from the birth of her son, Ishmael.

“El Roi” is still “The God Who Sees”...He sees us in our depression, desperation and difficulty. Maybe you don’t consider yourself as someone with a ‘break and run

mentality' like Hagar. Have you ever denied there is a problem? Or avoided the subject of the problem by finding other things to talk about? To face a problem means to admit it and then to consider ways to solve it.

“El Roi” sees everything and knows everything. 2 Chronicles 16:9 says; “For the eyes of the Lord range throughout the earth to strengthen those whose hearts are fully committed to him.” Hagar believed God’s promise and received His blessing over her child. Although Hagar ran from a very difficult situation, “El Roi” found her in the wilderness; “El Roi” helped her in returning to an impossible situation.

“El Roi” sees us in impossible circumstances, when we face our obstacles with His help; we know He will work all things out for good. Instead of running from problems, run into the arms of “El Roi – The God Who Sees,”

#13 Hagar Loves El Roi 7/13

Hagar knew “El Roi.” We can, too. “El Roi” is still “The God Who Sees”...He sees us in our depression, desperation and difficulty. Maybe you don’t consider yourself as someone with a ‘break and run mentality’ like Hagar. Have you ever denied there is a problem? Or avoided the subject of the problem by finding other things to talk about? To face a problem means to admit it and then to consider ways to solve it.

“El Roi” sees everything and knows everything, He knows and understands all that happens. 2 Chronicles 16:9

says; “For the eyes of the Lord range throughout the earth to strengthen those whose hearts are fully committed to him.” Although Hagar ran from a very difficult situation, “El Roi” found her in the wilderness.

“El Roi” sees us in impossible circumstances, when we face our obstacles with His help; we know He will work all things out for good. Instead of running from problems, run into the arms of “El Roi – The God Who Sees,” He will hold you close and give you strength to face every difficulty for His glory!

“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.” Romans 8:28

Let’s pray,

“Heavenly Father, thank you El Roi – the God who sees – I cannot run away from you. Thank you that because of your compassion; your eyes of love never let me out of your sight and your gaze follows me wherever I flee. I tried to hide from you, but you never let me out of your sight. And you won’t ever let me go. In Jesus’ Name, Amen”

#14 El Shaddai 7/14

Late last night, my husband, Jim and I were outside underneath a pitch black velvet sky, dotted with thousands of twinkling stars. Like an infinite shimmering canopy over our heads, we were caught up in amazement and stunned by the majestic heavenly expression of God’s power. We were reminded of El Shaddai, the name of God that means “The Almighty, All-Sufficient God” El-Shaddai is the name of God that means God is sufficient for the needs of His people. El-

Shaddai, Abram's God, is our Almighty God, who is Sufficient to provide for every need, even what seems impossible.

I found a great definition of El Shaddai in The Blue Letter Bible: "God Shaddai; *pantokratôr* (for Shaddai) - the Almighty. *El* is another name that is translated as "God" and can be used in conjunction with other words to designate various aspects of God's character. Another word much like *Shaddai*, is *shad* meaning "breast" in Hebrew. This refers to God completely nourishing, satisfying, and supplying His people with all their needs as a mother would her child. Connected with the word for God, *El*, this denotes a God who freely gives nourishment and blessing, He is our sustainer.

El Shaddai is not only Almighty God, powerful and sustaining and His mighty presence intersects with His other character qualities, specifically El-Olam – The Eternal God -"He is the one who keeps every promise forever," Psalm 146:6. In His immense command and nourishing strength, El Olam keeps His promises and El Shaddai follows through with what He says he will do.

Ephesians 3:20, "By His mighty power at work within us, He is able to accomplish infinitely more than we would ever dare ask or hope.

#15 I Call Him El Shaddai 7/15

"Abram fell facedown, and God said to him, "As for me, this is my covenant with you: you will be the father of many nations. No longer will you be called Abram, your name will be called Abraham, for I have made you a father of many nations. I will make you very fruitful, I will make nations of you, and kings will come from you." Gen. 17:3-6

Imagine the commanding voice of God speaking to Abraham. Unable to stand in His presence, Abraham now flat on his

face, God reveals Himself to him. God’s revelation to Abraham resulted in a deeper relationship because Abraham became God’s friend. God reveals himself to us through His names, so we can know Him better. El Shaddai was especially familiar to the patriarchs – Abraham, Isaac and Jacob. When we think of El Shaddai; it sounds like the word “shudder or shuddering,” could lead to the spiritual response of soul “shaking, trembling, quaking,” because of our awe and wonder of God’s tremendous power. Our own reaction based not out of fear, but of reverence for His majesty, as Abraham fell face-down, we, too might also feel compelled to respond with a physical reaction of worship, humility or respect.

Our finite minds are stretched when attempts are made to comprehend the power of El Shaddai, it helps to experience Him in nature. Late last night, my husband, Jim and I were outside underneath a pitch black velvet sky, dotted with thousands of twinkling stars. Like an infinite shimmering canopy over our heads, we were caught up in amazement and stunned by the majestic heavenly expression of God’s power. We were reminded of El Shaddai, the name of God that means “The Almighty, All-Sufficient God”

#16 El Shaddai Is Sufficient 7/16

As we face challenges ahead, it’s refreshing to let God, El Shaddai; the Almighty, All Sufficient One, take our heavy load and exchange it for the presence of our friend, the Almighty, All Sufficient, El Shaddai. El Shaddai is the God who is enough. Let’s worship Him in the creation and allow His presence to encircle us with His mighty power. Surrounded by this strength, His presence ushers in peace which enfolds the decisions and difficulties of the day. We are energized by El Shaddai’s enormous clout, giving us renewed hope as we walk into the purposes according to His plans.

Our finite minds are stretched when attempts are made to comprehend the power of El Shaddai, it helps to experience Him in nature. El Shaddai is Almighty God, powerful and sustaining and His mighty presence is sustaining, immense and sufficient. By His power, God is able to accomplish anything, above all we could ever think. Ephesians 3:20, “By His mighty power at work within us, He is able to accomplish infinitely more than we would ever dare ask or hope.

El-Shaddai, Abram’s God, is our Almighty God, who is Sufficient to provide for even the impossible. El Shaddai is more than able, He is the God who is sufficient, and more than enough.

Let’s pray, “El Shaddai, thank you for your mighty power at work in me, you are more than able to accomplish ore than I could ever dare ask or hope. Thank you for your sufficiency, ability, nourishment, friendship. Thank you for who you are, El Shaddai. May your presence and peace keep me close to you today. I pray I will make a difference today because you are my El Shaddai. In Jesus’ Name, Amen.”

#17 Adonai 7/17

Have you ever second-guessed a decision you’ve made? Me too. In my time alone with God today, He reminded me, “Sheryl, release the decisions swirling in your anxious mind. I am your master.” Today we are marinating on the promises found in the name of God, Adonai.

Our God, Adonai is the supreme master over all authorities, and we belong to Him. We can trust this sovereign Lord, master Adonai to direct our lives and guide our actions. This authoritative title is translated Master, Lord, or Sovereign. To

abide in the living God, Adonai, we must say yes to His lordship over our lives. We can trust His kind direction and abide in peace as He guides our decisions.

In the Old Testament *Adonai* occurs 434 times. There are many uses of *Adonai* in Isaiah (e.g., *Adonai Jehovah*). It occurs 200 times in Ezekiel alone and appears 11 times in Daniel.

If you've ever rented a house, you remember what it was like to live with the landlord's (the master's) rules. You took good care of your rental, you asked permission before you painted the walls and the landlord took care of the repairs. That's the way it is with our "temple" our body – we are not our own. God is a gracious landlord, who has given us boundaries for living. When we follow the Master's rules and stay within his boundaries, we walk in his will and abide in his peace.

Exalt and Praise Adonai, our Sovereign Master, worthy of the highest honor and our total obedience. As Moses prayed, "O Sovereign Lord, I am your servant, Is there any god in heaven or on earth who can perform such great deeds as yours?"

#18 Jehovah 7/18

When I think of a great work of art, I envision Michelangelo's magnificent rendering of God reaching out His finger toward the outstretched hand of Adam. The original fresco masterpiece adorns the ceiling of the Sistine Chapel in the Vatican, inside the boundaries of Rome, the capital of Italy. A copy of the same painting, hangs in my living room, a daily reminder of my personal God—Jehovah, God's most important name. This intimate name of God, Jehovah, represents the essence of God's being. Jehovah is unchanging, self-existent, and faithfully keeps His promises.

Jesus said, “Before Abraham was I am” (John 8:58). Jehovah is our Redeemer, whose love for us never changes.

Jehovah is God’s most important name. Jehovah - represents the essence of God’s being. Jehovah is unchanging, self-existent and faithfully keeps His promises. In John 8:58, Jesus said, “Before Abraham was I AM.” Jehovah is our Redeemer, whose love for us never changes.

Jehovah is the name of God is recorded as *YHWH*. The vowels were pronounced in spoken Hebrew but were not recorded in written Hebrew. Some prefer pronounce the name as “Yahweh” (YAH-way); others prefer “Yehowah” or “Yahuweh”; still others argue for “Jehovah.”

Regardless of the way Jehovah is pronounced, God answers to His name. When we come before Him, humbly as Moses did saying, “yahweh here I am.”

YHWH is God, there is none like Him. Encourage those around you to love Yahweh, live for Yahweh and follow hard after him. Love the Lord your God with all your heart, mind, soul and strength. Psalms says, “Those who know Your name trust in You, you have never abandoned anyone who searches for You.”

#19 Jehovah Jirech 7/19

The cupboard was bare. We had nothing to eat except a small bag of long grain white rice and a couple of cans of refried beans. If we lived in Kenya, this would be a breakfast of champions, but at home in California, it seemed strange to serve it to my kids for their first meal of the day. Last night, we prayed about our empty pantry, I knew God would

provide. And then, the doorbell rang. I opened the front door and said 'hello' to two bags of groceries. And yes, one bag contained a gallon of milk and a box of cheerios.

Jehovah Jireh is the name of God that means The Lord Will Provide. God is willing and able to meet every need of His people. When we believe in God's provision, we are given hope blended with faith and the result is trust. Abraham became acquainted with Jehovah Jireh in the greatest test of his life. The task was even bigger than when he left his home for an unknown land. God had fulfilled the promise of the birth of a son to aged Abraham and his barren wife, Sarah. And now, God asked Abraham to do the unthinkable—to sacrifice his precious and only son, Isaac, to God as an offering.

As Abraham raised his knife to slay his son, God provided the ram for the sacrifice in the place of Isaac. God tested Abraham, which proved his faith as true, real, genuine and authentic. When we pass this type of test, it always results in spiritual growth and blessing. Abram called the place Jehovah Jireh-The Lord will Provide. "God will supply all your needs according to His riches in glory in Christ Jesus." Phil 4:19

#20 Jehovah M'Kaddesh 7/20

I was glad when I was picked to be on the girls' softball team. It felt good to be wanted, needed and included. I remembered last season, I'd been overlooked, I waited to be picked and at the end of the selection process, I was not chosen until the end. I was the very last person to be invited to be on the team. It was horrible to feel left out. We are specifically chosen by Him.

We are set apart to be used by God. “Be holy, for I am holy,” says the Lord. God would not give us this command if He didn’t give us the power to do what He asks. Jehovah-M’Kaddesh is the name of God that means “The Lord Who Sanctifies.” The term was used first in Exodus 31:13 when God instructed Moses to teach the Israelites to observe the Sabbath. God is holy and by His Spirit’s transforming power, we are set apart for Him.

Sanctification follows redemption. Sanctification is not only a singular work accomplished by Christ on the cross, but also an ongoing process within us, accomplished by Christ through the power of the Holy Spirit. “Be holy, for I am holy.” Says the Lord. Jehovah-M’Kaddesh- is the name of God that means The Lord Who Sanctifies. God is holy and by His spirit’s transforming power, we are set apart for Him.

AW Tozer says, “Holy is the way God is. To be holy He does not conform to a standard. He is that standard.”

Dear Jehovah M’Kaddesh, thank you for setting me apart for you. Help me to be holy as you are holy. In Jesus’ Name, Amen.

#21 Jehovah Nissi 7/21

We ran for cover. The sudden tropical downpour lasted only five minutes, but we were as wet as if we’d been suddenly doused by heavenly buckets, soaked all the way through our clothes with puddles inside our shoes. We found welcome shelter under the canopy of the meeting tent. In the same way, if we run for cover into the presence or under the canopy of Jehovah Nissi, we find shelter and protection from the storms, battles, and trials we face.

Trusting in Jehovah Nissi gives us confidence in every struggle. In the heat of the battle, we need confidence and courage to prevail. Jehovah Nissi is the name of God that

means “I Am the Lord Your Banner.” God revealed himself with a new name, “Moses built an altar there and named it The Lord My Banner” (Exodus 17:15). Jehovah Nissi wants us to praise Him for the victory He gives us in our trials. God gives victory against the flesh, the world and the devil. Our battles are His battles of light against darkness and good against evil. Psalm 60:12 reminds us, “With God’s help we will do mighty things, for He will trample down our foes.”

The name of God, Jehovah Nissi is only used once in the Bible, but God’s strong hand is seen throughout scripture. He is a God of deliverance, the battle is His, the Lord will fight for us. We can also call out to Jehovah Nissi for help. Psalm 18:7-19 “The Lord also thundered in the heavens, the Most High uttered His voice. He sent out his arrows and scattered them and he took me, drew me out of many waters. He delivered me from my strong enemy, and from those who hated me, for they were too mighty for me.”

#22 Jehovah Rohi 7/22

My friend Susan recently sent me a message, “Sheryl, I remember the day I heard the news your precious husband, Pastor Paul had been killed in the motorcycle accident I couldn’t believe it, Paul had died. And now, the same thing has happened to me. My beloved husband, Frank tragically died of a massive heart attack. It’s so horrible.” My tears flowed for my friend’s loss, understanding the shock of Susan’s disbelief. I prayed, “Lord provide for Susan.” Immediately, I sensed the tender care of Jehovah Rohi. He says, “I Am the Lord Your Shepherd” Isaiah 40:11 explains, “He tends his flock like a shepherd: He gathers the lambs in his arms and carries them close to his heart; he gently leads

those that have young.” Jehovah Rohi leads us, guides us, and protects us as a shepherd leads His sheep

David, appointed to be the shepherd of God’s people, knew he also needed his own trustworthy shepherd in Jehovah Rohi. “The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul.” (Psalm 23:1-2). How can we handle the days, even years, we feel overwhelmed with loss, stress, or worries? We can be comforted with the fact that we have a Shepherd who cares for us. Jehovah Rohi will give us strength and peace to face the uncertain future that lies ahead Jehovah-Rohi is the name of God that means I am the Lord Your Shepherd. He leads us, guides us and protects us. Jehovah-Rohi lovingly watches over you as a shepherd guards his sheep. Psalm 23 reminds us, “The Lord is my shepherd, I have everything I need. He makes me lie down in green pastures, He restores my soul.”

#23 Jehovah Rapha 7/23

You have cancer,” announced Dr. Du. Immediately, my senses went numb and the room began to spin. As the harsh reality set in, my mind reeled, Cancer, me? How could that be, there’s no cancer in my family. I remembered Romans 8:28, “And we know that in all things God works for the good of those who love him, who have been called according to his purpose.” And then I made a choice—to give God more attention than the cancer. Jehovah Rapha is the name of God that means, “I Am the Lord Who Heals.” Trusting in Jehovah

Rapha brings healing to our lives whether we are suffering physical or emotional ailments.

God revealed Himself as Jehovah Rapha to Moses during a time of bitterness. The people of Israel had traveled from the Red Sea three days into the wilderness of Shur. There was no water. The people complained. Moses prayed, and the Lord made the bitter waters of Mara sweet. The people drank the water, and their thirst was quenched. Afterwards, the Lord said, “I the Lord, am your healer” (Exodus 15:26 NASB). The only one who can help us in the most intense times of trial and testing, is the Lord Who Heals.

The Hebrew phrase, translated, “the Lord Who heals” is Jehovah Rapha and reveals God ability to restore, to heal, and to cure. God has provided the final cure for spiritual, physical and emotional sickness in Jesus Christ. Jehovah-Rapha makes us well through spiritual, emotional and physical healing. Psalm 30:2 says, “O Lord my God, I cried out to You for help, and You restored my health.”

#24 Jehovah Sabaoth 7/24

Facing any giants? These monstrosities could be looming over us, as we face times of difficulty, doubt, despair or depression. Are you immobilized by a situation that seems too big? When David faced the Philistine giant Goliath, he said, “You come to me with a sword and a spear and a javelin, but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied” (1 Samuel 17:45 ESV). David’s defender was “the name of the Lord of hosts, the God of the armies of Israel.” David faced an extreme encounter of the giant kind and Jehovah

Sabaoth, the Lord of hosts, opened the way before him. Jehovah Sabaoth, the Lord of Hosts rules as the chief commanding officer of the armies of heaven and avails His limitless power and boundless resources to us whenever we call on His name. Jesus encourages us to take courage in the midst of tribulation, for He has overcome the world. Jesus is the overcomer and will give us strength in our difficulties. Romans 8:37 says, “but in all these things we overwhelmingly conquer through Him who loved us.” This is Jehovah-Sabaoth who delivers us from failure and defeat. Zechariah 4:6 says, “Not by might nor by power but by my spirit says the Lord of Hosts.”

Let’s pray, “Jehovah Sabaoth, you alone are in charge of everything and the armies of heaven are at your command. Send me help. You are able to deliver me. Nothing I face today is greater than you. Thank you that I can be strong in the Lord and in the strength of His might. (Eph. 6:10) In Jesus’ Name, Amen”

#25 Jehovah Shalom 7/25

Lying awake at 3 am, thoughts rolled around in my mind along with conversations that should have happened. I felt a huge loss. My stomach was in knots—my heart twisting and turning about a decision that had been made for me. I had no say in the matter. I felt so alone in the inky blackness of the night, but then I called out to God, I submit to you, and ask you for peace. Soon, I fell into a deep sleep. Waking up a few hours later, I knew Jehovah Shalom, the God of peace had taken over my mind. Instead of thinking in broken sentences, I now sang aloud with outrageous joy.

Jehovah Shalom is the name of God that means I am the Lord your Peace. God called Gideon a mighty warrior during the time the Midianites attacked the Israelites. God revealed Himself to Gideon in a new way, in revealing the name, Jehovah Shalom. Through peace, he was able to lead his armies to victory. “Gideon built an altar to the Lord there and called it “The Lord is Peace” (Judges 6:24). It helps to remind ourselves He is our peace. “Peace I leave with you; my peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful. (Jon 14:27) Perfect peace comes to those who trust in God (Isaiah 26:3) Jesus is our peace. (Eph. 2:14)

Let’s pray, “Heavenly Father, when I have anxiety and fear I can pray Philippians 4:6,7, “Don’t worry about anything, instead, pray about everything. Thank you I can tell you God what I need and thank Him for all He has done. In Jesus’ Name, Amen.”